

THE *Lido* RESTAURANT

# Breakfast Menu

## Chilled Juices

Fresh Squeezed Orange • Grapefruit • Cranberry • Grape  
Passion Fruit-Guava • Pineapple • Apple • Tomato • V-8 • Prune

## Fresh Fruit & Yogurt

Sliced Fresh Fruit • Fruit Salad • Half Grapefruit • Kadota Figs  
Stewed Prunes • Stewed Apricots • Sliced Banana  
Assorted Fruit and Plain Yogurt

### \* Smoked Salmon

Sliced Tomato, Cream Cheese, Shaved Red Onion, Capers, Lemon Wedges

## Cold Cereals

Cornflakes • Fruit Loops • Cheerios • Special K • Raisin Bran  
Mini Wheat's • Rice Krispies • Frosted Flakes  
Granola • All Bran • All Bran Complete

### Swiss Style Müsli

A creamy mixture of oats, raisins, apples, low fat yogurt, milk and honey

## Hot Cereals

Old Fashioned Oatmeal, Steel Cut Irish Oatmeal, Cream of Wheat, Grits

*Brown Sugar, Raisins, Cinnamon, Hot Milk*

### \* Eggs & Sittings

\* Fried Eggs, \* Scrambled Eggs, \* Soft Boiled Eggs, Hard Boiled Eggs  
Breakfast Bacon • Turkey Bacon • Turkey Link Sausage • Morning Star Farms® Vegi Links  
Pork Sausage Links • Pork Sausage Patty • Carved Honey Glazed Ham  
Breakfast Potatoes

### \* Omelet Station

Ham • Bacon • Bay Shrimp • \* Smoked Salmon • Cheese • Mushrooms • Bell Pepper  
Spinach • Tomato • Onions • Potato • Sliced Olives • Jalapeños • Fresh Herbs

*All omelets can be made with egg whites or egg substitute upon request*

### \* Eggs Benedict Station

Sauce Hollandaise • Cheese Sauce • Canadian Bacon • Prosciutto • Crab Meat  
\* Smoked Salmon • \* Cooked Salmon • Mushrooms • Artichokes • Spinach • Tomato

## Griddle

Buttermilk, Blueberry and Banana Pancakes • French Toast with Cinnamon Sugar

*Breakfast Syrup, Powdered Sugar*

## Waffle Station

Strawberry Compote • Mixed Berry Compote • Apple Compote  
Mango Compote • Bing Cherry Compote • Whipped Cream • Chocolate Sauce  
Powder Sugar • Cinnamon • Chocolate Sprinkles

### Breakfast Sandwiches

Bacon Egg and Cheese • Sausage Egg and Cheese

## From the Bakery

Plain or Chocolate Croissant • Raisin Bun • Raisin Bread • Assorted Danish • Muffins  
Diabetic Muffins • Toast • English Muffins • Bagel • Italian Hard Roll

*Assorted Jams, Marmalade, Butter, Margarine and Honey*

## Beverage

Coffee • Tea • 2% Milk • Skim Milk • Whole Milk • Chocolate Milk  
Decaffeinated Tea or Coffee

*Holland America Line only serves sustainable seafood*

*\* The US Food and Drug Administration advises that eating uncooked or partially cooked meat, seafood, shellfish, milk, poultry and/or eggs may increase your risk for food borne illness especially if you have certain medical conditions*